



SUFFOLK COUNTY BEREAVEMENT GROUPS

If your parish or agency is offering a support group or program, please send you're your information to: Office of Faith Formation, phone: 516- 678-5800 | email: faith-formation@drvc.org

Babylon

St. Joseph Parish

39 North Carll Avenue

Bereavement Support Group for Widows and Widowers

Offers an 8-week support group program to widows and widowers over the age of 50.

The group is guided by trained bereavement counselors and offers members an opportunity to navigate the tasks of grieving while gaining strength and hope. Meetings are held at scheduled times at the Parish Center.

For more information call Geri at 631-661-8994 for more information.

Moving-On After Bereavement Group

Is available to help widows/ers learn the 'single life' skills needed to deal with the many challenges that arise from suddenly being alone. Meetings are held once a month at the Parish Center and consist of interactive presentations and workshops conducted by professional volunteers from the community. Registration is required and is ongoing.

Please call Linda at 631-225-9530 for more information.

Lazarus Ministry

St. Joseph Lazarus Ministry invites all those who have lost a loved one to join our Parish at special masses throughout the year. At these masses we will pray for all of our deceased relatives and friends.

Those joining us are welcome to bring a picture of a loved one.

Please call the office for more information:
631-669-0068 ext. 100.



SUFFOLK COUNTY BEREAVEMENT GROUPS

Commack	Christ The King Church 2 Indian Head Road, Commack Bereavement Group If you or a loved one need information regarding bereavement support, visit ctkrcc.org/bereavement
Dix Hills	St. Matthew Parish 35 North Service Road off L.I.E. Bereavement Support for Loss Of A Spouse, Partner, Boyfriend, or Girlfriend (ages 18-99).- in person or virtually Groups will be separated by age for this 8-week session. We take people before three months and up to two years after they have lost a loved one, and our private Facebook page allows us to stay in touch. For more information contact: Kathryn Monaco-Douglas (631)495-8541 or Stacy 516-851-4215, or email: widowednotalone@aol.com visit widowednotalone.com Bereavement for the Loss of Parent (ages 70-99) Meetings are held twice a year, in the fall and spring for 6 weeks each. For hybrid Dix Hills, call Roni at 631-960-5362. Bereavement for the Loss of Parent for Young Adults (ages 20-39) A virtual meeting is held twice a month, for more information contact Debra Ann -516-474-4503. Bereavement for the Loss of Child This group meets in person, contact, Amanda 917-751-1514 for more info. There is no fee. This is non-denominational. All are welcome.



SUFFOLK COUNTY BEREAVEMENT GROUPS

East Islip	St. Mary's 20 Harrison Avenue Bereavement Support Program Eight Week Support Group, Tuesday, March 10, 2026, at 7:00 pm If you or a loved one is in need of information about bereavement support, St. Mary's support group is open to anyone who has experienced a loss at least three months before the group begins. The loss must have occurred before December 16, 2025. <i>A commitment to attend every meeting throughout the program is required, but there is no cost.</i> Limited to 12 people, the groups are conducted in a closed, confidential setting by highly trained facilitators. Pre-registration required 631-581-4266 x125
East Northport	Visiting Nurse Service & Hospice of Suffolk 101 Laurel Road General Bereavement Therapeutic groups offer educational, informational, and sharing experiences. Bereavement services are available for up to 13-months. For more information about bereavement support, please contact: Mary Denning, Social Work Supervisor at 631.439.2714 and mdenning@vnshs.org or Bonnie Gruber, Hospice Support Services Coordinator, at 631.930.9340 and bgruber@vnshs.org, visit visitingnurseservice.org.



SUFFOLK COUNTY BEREAVEMENT GROUPS

Hampton Bays	St. Rosalie Parish 31 Montauk Hwy. Lazarus Bereavement Support Program (all losses) Sessions are 1 1/2 hours long and are held Spring, Summer & Fall in the St. Rosalie Parish Center. Registration is required and groups are limited to 8-12 people. For more information, contact the Parish Center at 631-728-9461. View flyer
Huntington	Seminary of the Immaculate Conception 440 West Neck Road THE 2026 GRIEF CHANNEL RETREAT: A Day of Healing, Hope and Connection Hosted by Grief and Trauma specialists Anne Kane, Ph.D. and Bobbie Comforto, LCSW When someone experiences a loss, it can feel like your whole world has turned inside out. Many people lose all sense of normalcy and feel alienated from others. During one of the most difficult times of life, the usual and necessary life supports and resources are absent or changed. You feel lost at sea in a turbulent ocean. A DAY OF HEALING, HOPE AND CONNECTION offers the opportunity for bereaved individuals to join with other grievers, while learning about and validating their own experience of grief. They will have the opportunity to discover new tools for coping, soothing and healing, while connecting to others, themselves and their beloved. Date: Sunday, May 31 from 9 am to 4:45 pm Cost: \$175.00 More information View flyer



SUFFOLK COUNTY BEREAVEMENT GROUPS

Lindenhurst	Our Lady of Perpetual Help Parish 210 South Wellwood Ave. The Bereavement Ministry Providing support and guidance to anyone who has lost a loved one. By using trained facilitators, the individual will strengthen their faith in God and themselves. Registration required please contact Linda Arpino 631-592-1062 or Forubabe77@aol.com for information. For more information contact the Parish Center at (631) 226-7725 or visit olphlindenhurst.com
Melville	St. Elizabeth of Hungary Parish 175 Wolf Hill Rd. General Bereavement For more information or to register call 1-631-271-4455 or email center@stelizabeth.org
Patchogue	Brookhaven Memorial Medical Center Hospice 105 West Main Street Bereavement Support for Adult, Child/Adolescent, Family For information on bereavement support for yourself or someone you love call 631-687-2960 or visit licommunityhospital.org



SUFFOLK COUNTY BEREAVEMENT GROUPS

Port Jefferson	Good Shepherd Hospice Inpatient Center 200 Belle Terre Road Spousal/Partner Bereavement Support Group At Good Shepherd Hospice, we view grief as a journey and not as an event. Our bereavement specialists are committed to providing comprehensive, evidence informed bereavement support and education to grieving adults and children in Nassau and Suffolk counties. Our bereavement services are an additional benefit provided to our hospice families for 13 months after the death of their loved one. These services are not limited to those families who have utilized our hospice program. Contact: 631-828-7628 or visit www.chsli.org
Rocky Point	St. Anthony of Padua Parish 614 Route 25A Bereavement Support Group Experience has shown that participation in small group sessions in which people share and learn with others is a way of coping with the death of a loved one. The grieving person is enabled within the group to express their feelings of sorrow and seek ways of coping with the loss of their loved one. Contact 631-821-9450 or e-mail: stabread@optonline.net



SUFFOLK COUNTY BEREAVEMENT GROUPS

Ronkonkoma	St. Joseph Parish 45 Church Street Bereavement Support Group The group will focus on helping you understand the grief process and your own individual reaction to loss. By learning coping strategies, you will be able to manage your grief better and begin the critical process of adjusting to living in a world without the deceased. For more information, please call Michele Nappi, Director of New Evangelization at 631 588-8456 or email michele@stjorok.org.
Sayville	St. Lawrence the Martyr Parish 27 Handsome Avenue Bereavement Support Group Support group meetings are usually offered twice a year, each lasting for several weeks. Trained facilitators guide the conversation, offering their own input and feedback. The sessions are open to anyone who has suffered a loss at least three months prior to the start of the group. For more information about our own meetings or about groups taking place in our vicinity, please contact 631-589-0042 x124.
Setauket	St. James Parish 429 Route 25A General Bereavement Group Peer support groups are offered in the Spring and Fall, facilitated by trained volunteers who guide the bereaved in managing the complicated grief process and coping with their daily lives. Contact: Catherine Horgan at (631) 941-4141 (ext. 341) or cjhorgan@optonline.net



SUFFOLK COUNTY BEREAVEMENT GROUPS

Smithtown	St. Patrick Parish 280 East Main Street Bereavement Support Group Helps those who are working through the grief of losing a loved one. Rainbows and Spectrum Bereavement peer-support groups for children and adolescents experiencing a loss through death, separation or divorce. For more information contact: (631) 265-2668
Sound Beach	St. Louis de Montfort Parish 75 New York Avenue Bereavement Assistance Contact: Deacon Gary Swane 631-744-8566 Widows And Widowers St. Louis De Montfort Widow and Widowers Club welcomes Parish and Christian Widow and Widowers to our meetings and events. Strong bonds and friendships among us are a result of our coming together. Our meetings are the 4th Sunday of every month at 2:30 in the Church basement. For any questions, please call Elizabeth Trainer 631-509-5150 or Deacon Gary Gswane@aol.com We are not a bereavement, but rather a social group. Hopefully you will consider joining us. Journeying Through Grief Our Bereavement Team can assist in bringing you healing and comfort following the death of a loved one. <i>*We offer one-to-one sessions throughout the year with Deacon Gary Swane.</i> For an appointment call 516-241-6520. For more information visit sldmrc.org



SUFFOLK COUNTY BEREAVEMENT GROUPS

Southampton

Parrish Memorial Hall

235 Herrick Road (*Corner of Herrick Road and Lewis Street*)
Southampton

Bereavement Group

Losing a loved one is never easy, but you don't have to grieve alone. Dorothy Raniolo, a Licensed Clinical Social Worker and the Palliative Care Community Manager at Stony Brook Southampton Hospital offers support for those who are coping with the loss of a loved one.

For more information contact

Dorothy Raniolo LMSW, ACSW, ACHP-SW

(631) 740-1761 or email dorothy@headnhome.org.

Grief and Bereavement

When dealing with loss and grief, it's normal to experience a wide range of emotions – sometimes all at once.

For more information contact

631-632-8657 or visit www.stonybrookmedicine.edu

West Babylon

Our Lady of Grace Church

666 Albin Avenue, West Babylon

Bereavement Support Group

For information regarding bereavement support that can be provided to you or a loved one.

Please call John Laszewski 631-874-0210 or

Fran Kish 631-587-1587



SUFFOLK COUNTY BEREAVEMENT GROUPS

Westhampton Beach

East End Hospice – Good Grief Family Bereavement Center

195 Mill Road

Bereavement Group

Grief is an individual process and a natural part of life. After a loss, life is not the same, however experiencing your grief will allow you to adjust to life after loss.

How Do I Get Started?

When you call (631) 288-1546, you'll speak with a therapist or social worker and make an appointment to discuss what is best for you.

For more information visit www.eeh.org

BEREAVEMENT SERVICES AND SUPPORT

Catholic Health Services of Long Island

Good Shepherd Hospice Bereavement Services

At Good Shepherd Hospice, we view grief as a journey and not as an event. Each of us experiences grief in our own unique way. When someone you love dies, the world suddenly changes, and you are challenged to find new ways to live in it. It's important to be aware of how grief is affecting your daily life.

Our bereavement specialists are committed to providing comprehensive, evidence informed bereavement support and education to grieving adults and children in Nassau and Suffolk counties.

For more information contact: 631-465-6300 or catholichealthli.org



SUFFOLK COUNTY BEREAVEMENT GROUPS

Bob Sweeney's Camp H.O.P.E	Camp Alvernia Grounds, Centerport Bereavement Camp This is a free two day bereavement camp which takes place annually in July. Camp H.O.P.E. provides children and teens, ages 5 – 17, the opportunity to come together to learn new ways of coping with their grief and to meet other children and families. This camp offers therapeutic activities with a focus on fun and relaxation and is held in Camp Alvernia in Centerport. Current research suggests that bereavement camps. are effective in helping children and their families develop and build resilience in dealing with loss. This camp is offered to both English and Spanish speakers.
Camp Good Grief	481 Old Riverhead Rd, Westhampton Beach A bereavement camp for grieving children and teenagers Age-specific grief support groups serve children ages 4 to 17 and their parent or guardian. Children are supported through developmentally appropriate activities including art, play and journaling. If your child and family are grieving the loss of a loved one and would like help, we are here. Please call 631.288.8400. For registration or more information: contact Angela Byrns, LCSW: Children's Bereavement Coordinator East End Hospice 631.288.1546 ext 209 or email abyrns@eeh.org or visit eehcampgoodgrief.org



SUFFOLK COUNTY BEREAVEMENT GROUPS

Zinberg Family Bereavement Center

58 Old Riverhead Road, Westhampton Beach

Bereavement Counseling And The Zinberg Family Bereavement Center

Zinberg Family Bereavement Center services may include weekly group counseling sessions or individual sessions. Currently offering the following bereavement groups:

- Loss of Spouse
- Loss of a Parent or Sibling
- Loss of a Child, General Bereavement Support Groups
- Child & Teen Support Groups
- Equine Therapy Groups
- Spanish Language Bereavement Support Group

Groups meet weekly at convenient locations on the North and South forks or on ZOOM.

If your child and family are grieving the loss of a loved one and would like help, we are here.

Please call 631.288.8400 or email info@eeh.org or visit www.eeh.org/bereavement



SUFFOLK COUNTY BEREAVEMENT GROUPS

C.O.P.E. Foundation

Support Groups

You don't have to grieve alone.

Join COPE's licensed clinicians and grief support groups in Long Island and NYC to find comfort, connection, and understanding.

Programs include:

- [Parent Support Groups](#)
- [Sibling Support Groups](#)
- [Teen/Young Adult Support Groups](#)
- [Grupo de Habla Hispana](#)

Registration required before attending their first support group 516-274-0540 or by email at

claire@copefoundation.org or info@copefoundation.org

Registration is required, cost is free of charge to families

For more information visit copefoundation.org

Fundación C.O.P.E. en español

Grupo de duelo de habla hispana

COPE ofrece dos grupos de apoyo gratuitos presenciales para personas de habla hispana que viven con la pérdida de un familiar cercano. Los grupos se reúnen en Manhattan y Hempstead, Long Island.

Los grupos de apoyo entre diferentes personas ofrecen un espacio seguro para que las personas en duelo compartan sus experiencias, den y reciban apoyo, encuentren herramientas para afrontar su pérdida inimaginable y encuentren validación a través de la experiencia compartida con los demás.

Comuníquese con nuestra Administradora de participación y extensión comunitaria Rashida Sanchez, MA, LMSW, FT, teléfono 516- 832-2673, correo electrónico, rashida@copefoundation.org si tiene alguna pregunta.

Para más información visite el sitio web

copefoundation.org



SUFFOLK COUNTY BEREAVEMENT GROUPS

NEW YORK AREA BEREAVEMENT SERVICES AND SUPPORT

Catholic
Charities
Brooklyn and
Queens

Bereavement Services

Our Bereavement Services program assists bereaved individuals regardless of faith or culture. Bereavement Services are offered on a one-to-one basis as well as in support group setting. The program coordinator makes referrals to appropriate resources, and is available for bereavement trainings and presentations.

Bereavement Support Groups meet in parishes of the Diocese of Brooklyn and Queens and include Spanish-speaking groups.

If you or a loved one are looking for a compassionate bereavement group near you, please contact Deacon Mauclair Simon, M.Ed, LMSW at (718) 722-6214 or email mauclair.simon@ccbq.org or visit www.ccbq.org