Babylon

St Joseph Parish, 39 North Carll Avenue

- Bereavement Support Group for Widows and Widowers, offers an 8-week support group program to widows and widowers over the age of 50. The group is guided by trained bereavement counselors and offers members an opportunity to navigate the tasks of grieving while gaining strength and hope. Meetings are held at scheduled times at the Parish Center. For more information call Terry 631-669-0198 or Geri at 631-661-8994 for more information.
- Moving-On After Bereavement Group, is available to help widows/ers learn the 'single life' skills needed to deal with the many challenges that arise from suddenly being alone. Meetings are held once a month at the Parish Center and consist of interactive presentations and workshops conducted by professional volunteers from the community. Registration is required and is ongoing. Please call Linda at 631-225-9530 for more information.
- Lazarus Ministry, St. Joseph Lazarus Ministry invites all those who have lost a loved one to join our Parish at special masses throughout the year. At these masses we will pray for all of our deceased relatives and friends. Those joining us are welcome to bring a picture of a loved one. Please call the office for more information: 631-669-0068 ext. 100.

Commack

Christ The King Church, 2 Indian Head Road, Commack

New Bereavement Group, September 2022
 For more information visit ctkrcc.org/bereavement

Dix Hills

St. Matthew Parish, 35 North Service Road off L.I.E.,

- Bereavement support group for young adults, (ages 14-19)
 Parents are invited to meet with a qualified bereavement counselor,
 Anthony Monaco, who will explain the workings of the bereavement sessions.
 - This will be an 8 week session, beginning September 27 at 7:30-9:30 p.m. At St. Anne's Rm.-for young adults-Parish Center and Library-for parents, cost no fee
- Bereavement For The Loss Of A Spouse For Those 59 And Under Contact: Kathryn Monaco-Douglas (631)495-8541 widowednotalone@aol.com

There is no fee. This is non-denominational. All are welcome.

East Islip

St. Mary's, 20 Harrison Avenue

- Upcoming Bereavement Support Program
 Eight Week Group beginning Tuesday, March 15, at 7pm
 Support Groups are opened to anyone who has suffered a loss at least three months prior to the start of the group. Loss must have occurred prior to Dec 15, 2021. Groups are offered in a closed and confidential setting with highly trained facilitators and limited to 13 people in each
 - Pre-registration is required Please call 631-581-4266 ext. 125 to register.
- If you or a loved one are in need of information regarding bereavement support, please contact Deacon Joe at 631-581-4266 x157

East Northport

Visiting Nurse Service & Hospice of Suffolk, 101 Laurel Road

• General Bereavement, Therapeutic groups offer educational, informational, and sharing experiences.

Bereavement services are available for up to 13-months. For more information about bereavement support, please contact Mary Denning, Social Work Supervisor at 631.439.2714 and mdenning@vnshs.org or Bonnie Gruber, Hospice Support Services Coordinator, at 631.930.9340 and bgruber@vnshs.org, visit visitingnurseservice.org.

Hampton Bays

St Rosalie Parish, 31 Montauk Hwy.

Lazarus Bereavement Support Program (all losses)

Sessions are 1 1/2 hours long and are held Spring, Summer & Fall in the St. Rosalie Parish Center. Registration is required and groups are limited to 8-12 persons. For more information, contact the Parish Center at 631-728-9461. View flyer

Patchogue

Brookhaven Memorial Medical Center Hospice, 105 West Main Street

Bereavement Support for Adult, Child/Adolescent, Family
 For more information call 631-687-2960 or visit <u>licommunityhospital.org</u>

Port Jefferson

Good Shepherd Hospice Inpatient Center, 200 Belle Terre Road

• Spousal/Partner Bereavement Support Group

At Good Shepherd Hospice, we view grief as a journey and not as an event. Our bereavement specialists are committed to providing comprehensive, evidence informed bereavement support and education to grieving adults and children in Nassau and Suffolk counties. Our bereavement services are an additional benefit provided to our hospice families for 13 months after the death of their loved one. These services are not limited to those families who have utilized our hospice program.

Contact: 631-828-7628 or visit www.chsli.org

Rocky Point

St. Anthony of Padua Parish, 614 Route 25A

• Bereavement Support Group

Experience has shown that participation in small group sessions in which people share and learn with others is a way of coping with the death of a loved one. The grieving person is enabled within the group to express their feelings of sorrow and seek ways of coping with the loss of their loved one. Meeting: 8 weeks-on Thursdays, starting September 16 and ending on November 4 from 10 a.m. to 11:30 a.m.

Contact 631-821-9450 or e-mail: stabread@optonline.net

Sayville

St Lawrence the Martyr Parish, 27 Handsome Avenue

Bereavement Support Group

Support group meetings are usually offered twice a year, each lasting for several weeks. Trained facilitators guide the conversation, offering their own input and feedback. The sessions are open to anyone who has suffered a loss at least three months prior to the start of the group. For more information about our own meetings or about groups taking place in our vicinity, please contact 631-589-0042 x124.

Setauket

St. James Parish, 429 Route 25A

General Bereavement Group

Peer support groups are offered in the Spring and Fall, facilitated by trained volunteers who guide the bereaved in managing the complicated grief process and coping with their daily lives.

Contact: Catherine Horgan at (631) 941-4141 (ext. 341) or cjhorgan@optonline.net

Smithtown

St Patrick Parish, 280 East Main Street

- Bereavement Support Group
 Helps those who are working through the grief of losing a loved one.
- Rainbows and Spectrum Bereavement peer-support groups for children and adolescents experiencing a loss through death, separation or divorce.

For more information contact: (631) 265-2668

Bob Sweeney's Camp H.O.P.E

This is a free two day bereavement camp which takes place annually in July. Camp H.O.P.E. provides children and teens, ages 5-17, the opportunity to come together to learn new ways of coping with their grief and to meet other children and families. This camp offers therapeutic activities with a focus on fun and relaxation and is held in Camp Alvernia in Centerport. Current research suggests that bereavement camps. are effective in helping children and their families develop and build resilience in dealing with loss. This camp is offered to both English and Spanish speakers.

Sound Beach

St Louis de Montfort Parish, 75 New York Avenue

- Bereavement Assistance
 - Contact: Deacon Gary Swane 631-744-8566
- Widows And Widowers

St. Louis De Montfort Widow and Widowers Club welcomes Parish and Christian Widow and Widowers to our meetings and events. Strong bonds and friendships among us are a result of our coming together.

Our meetings are the 4th Sunday of every month at 2:30 in the Church basement. For any questions, please call Elizabeth Trainer 631-509-5150 or Deacon Gary Gswane@aol.com

We are not a bereavement, but rather a social group. Hopefully you will consider joining us.

• Journeying Through Grief

Our Bereavement Team can assist in bringing you healing and comfort following the death of a loved one.

**We offer one-to-one sessions throughout the year with Deacon Gary Swane. For an appointment call 516-241-6520.

For more information visit sldmrc.org

Southampton

Parrish Memorial Hall, 235 Herrick Road (*Corner of Herrick Road and Lewis Street*) Southampton, NY 11968

Bereavement Group

Losing a loved one is never easy, but you don't have to grieve alone.
 Dorothy Raniolo, a Licensed Clinical Social Worker and the Palliative Care

Community Manager at Stony Brook Southampton Hospital offers support for those who are coping with the loss of a loved one. For more information contact Dorothy Raniolo LMSW, ACSW, ACHP-SW (631) 740-1761 or email dorothyr@headnhome.org.

• Grief and Bereavement

When dealing with loss and grief, it's normal to experience a wide range of emotions – sometimes all at once. For more information contact 631-632-8657 or visit www.stonybrookmedicine.edu

Westhampton Beach

East End Hospice – Good Grief Family Bereavement Center, 195 Mill Road

• Bereavement Group

Grief is an individual process and a natural part of life. After a loss, life is not the same, however experiencing your grief will allow you to adjust to life after loss.

How Do I Get Started?

When you call (631) 288-1546, you'll speak with a therapist or social worker, and make an appointment to discuss what is best for you. Visit www.eeh.org

Zinberg Family Bereavement Center, 58 Old Riverhead Road, Westhampton Beach, NY

• Bereavement Counseling And The Zinberg Family Bereavement Center Zinberg Family Bereavement Center services may include weekly group counseling sessions or individual sessions. Currently offering the following bereavement groups: Loss of Spouse, Loss of a Parent or Sibling, Loss of a Child, General Bereavement Support Groups, Child & Teen Support Groups, Equine Therapy Groups and an upcoming Spanish Language Bereavement Support Group. Groups meet weekly at convenient locations on the North and South forks or on ZOOM.

If your child and family are grieving the loss of a loved one and would like help, we are here. Please call 631.288.8400.

For registration, more information, contact Angela Byrns, Children's Bereavement Coordinator, East End Hospice: 631.288.1546 ext 209, or email us. info@eeh.org or visit www.eeh.org/bereavement

Camp Good Grief

A bereavement camp for grieving children and teenagers. Age-specific grief support groups serve children ages 4 to 17 and their parent or guardian. Children are supported through developmentally appropriate activities including art, play and journaling.

If your child and family are grieving the loss of a loved one and would like help, we are here. Please call 631.288.8400.

For registration or more information: contact Angela Byrns, LCSW: Children's Bereavement Coordinator East End Hospice 631.288.1546 ext 209 or email abyrns@eeh.org

C.O.P.E. Parent Support Groups, for Loss of Child or Loss of Sibling Parents and siblings are participants who plan to also first contact COPE. COPE Support groups a All new parents and sibl

Parents and siblings are welcome to attend more than one group, but all participants who plan to attend a group that they have not attended before must also first contact COPE.

COPE Support groups are free of charge to families. All new parents and siblings must first email or call COPE at info@copefoundation.org or 516-274-0540 before attending their first support group.

Registration required 516-274-0540 or by email at claire@copefoundation.org For more information visit copefoundation.org/upcoming-events/

Bereavement Services Provided by Good Shepherd Hospice

Professionally trained staff provides bereavement services to hospice families for a period of 13 months after a loss. Additionally, the Good Shepherd Hospice Bereavement Program offers the following non-sectarian services without fees to all residents of Nassau and Suffolk Counties:

- Education & Grief Counseling
- Office Visits for Individual Counseling
- Bereavement Home Visits
- Spouse Bereavement Support Group
- Adult Bereavement Support Group (For Losses Other Than Spouses)
- Children's Bereavement Support Group (Age Appropriate Support Groups)
- Bob Sweeney's Camp HOPE and Children's Holiday Gathering
- Initial Bereavement Contact & Follow Up Phone Calls
- Interfaith Memorial Services

To view descriptions of these services visit: bobsweeneyscamphope.org/counseling/

For more information call the Good Shepherd Bereavement Department at 516-465-6262 or 631-465-6262

If your parish or agency is offering a support group or program, please send you're your information to:

Office of Faith Formation Phone: 516-678-5800 Email faith-formation@drvc.org

Fax: 516-536-3473